



**Recovery Council Meeting Minutes**  
Friday, March 27, 2009 / 1:00 PM – 3:00 PM

**Attendees:** Mary Beth Evans (Chairperson), Joan, Julie Weiss, Vikki Roofe, Barb McNitt, Jean Wistinghausen, Bob Houghton, Liz MacCord, Ernie Reynolds, Michelle Fisher.

**Absent:** Kathy Meyer (with notice)

**Partners/Guests:** Bob Pollard

**Council Vacancies:** Cadillac (consumer)

**Staff support:** Val Bishop

**Recovery Definition Was Read To Open the Meeting**

**Introductions, Celebrations**

Everyone introduced themselves and shared positives. Mary Beth introduced Ernie Reynolds as newly appointed Grayling Consumer Recovery Council Representative.

**Review of Assignments and Feedback** – discussed council vacancies – continuing the recruiting for the Cadillac consumer open position of the council  
Project updates will be a standing item; Barb – multifamily group – will be done in April; Definition-done; Liz-on meeting; Julie – See below. All-magazines in process. Ordered covers.

**Standing Agenda Items**

*Learning Community Meetings*-no feedback, cancelled in March due to REE.

*Approval of February meeting minutes* - Approved with edit – Jean not Jeanne by Vikki, seconded by Julie seconded, all approved.

*Recovery Council Blueprint Tasks* – No changes.

*Project Updates* – Newsletter is almost ready to come out; Pathways to Recovery flyers are being finalized; working on videos – consumer and community versions; finalizing training video handouts and facilitators manual.

**Review of Agenda** – Mary Beth reviewed the agenda.

**Recovery Council Membership and Terms**

Vacancies – Cadillac has a vacancy on the council. We hope to fill soon. We have one applicant.

Letter of Intent – Mary Beth passed a letter from Greg Paffhouse to Ashley Blackfoot. Mary Beth reviewed the requirements for attendance requirements. Will bring back to next meeting to review. Should also handout to new applicants.

## FINAL

*Self-Assessment* – Mary Beth reviewed her discussions with Greg. The intention is to do an assessment by the Council. She shared some examples. Council feedback –Ernie motioned that we look at a group assessment tool to assess the council, Julie seconded. The group approved. Terms – will be looking at how to do rotation of terms. The term will be identified when new members are assigned. Council feedback – Jean didn't like the idea of putting numbers in a hat and drawing these. Val reviewed how terms work with the NLCMH Board. Mary Beth reviewed that there has been some concerns with other committees and people serving only for the stipend. Greg will come to the April meeting to discuss further. Bob gave feedback that it is important to have broad input. Discussion. Julie suggested minimum of 2 year terms. Stagger terms. Discussed mentoring. Consider 2-4 years (minimum-maximum) – all approved. Will have to consider how many people may want to join the council.

### **Evaluation of a Recovery Resource: 5 Stages in the Recovery Process Training Video**

Review Byington's feedback - Handout – feedback for the TC group training. Everyone read the handout . Discussion was held. Overall the training went well with the staff that was trained. It was mentioned that the second half of the training was not as good as the first half because there were not as many peers available to attend and give their input. According to the staff members, it's important to have peers there for the training because of their personal experiences with being diagnosed.

## **BREAK**

**Final NLCMH Recovery Policy** – The group read the policy aloud. Feedback noted in case it is still out for review. Mary Beth to email Deb Lavendar to see if the policy can still have feedback given to it or if it's been finalized. Council suggestions were as follows: Page One: second paragraph under POLICY: Get rid of the word virtually. Third paragraph under POLICY: Change first sentence to say: "Recovery requires organizational commitment." Get rid of the other parts of sentence. Start again with This and keep that sentence the same. Page Two: Second Paragraph second sentence: concerted efforts by many should be changed to "all".

### **Recovery Enhancing Environment Update (REE)**

Initial Feedback – Bob P. shared his experience. Val gave an overview. Discussion was held regarding how many survey's were given/taken and how many we were supposed to have. Over 150 surveys were completed, however, our goal was 400. It is unsure as to whether or not the results will be back in time to share for our next Recovery Council meeting. The results will be shared with the council as soon as they are given to NLCMH by the state.

**Access Meeting in Gaylord in May** – Val reviewed the need to find a consumer who's been in services for at least a year who would be willing to share their story of receiving services through NLCMH.

### **Publicly sharing information**

- **Julie** – Found out how to provide information for HL Resorter (for free) and is waiting for info from the Roscommon Herald. Deb Freed has all contact info if needed to start getting public information out there to the newspapers.

## FINAL

- **Liz** – Found out how to provide info to TV 9 & 10. She's also waiting to be able to share whatever info we agree upon with the community calendar on 9&10 news to spread the word about our groups and happenings at NLCMH even if you are not a consumer of services.

### **Review of Meeting**

#### **Assignments –**

- Mary Beth will send letter regarding to Pat (Cadillac applicant) on council requirements.
- Mary Beth will put the requirements on the next agenda for review.
- Mary Beth and Greg will bring back a sample tool for assessing the council as a whole and not individuals.
- Mary Beth will provide feedback on the policy if it still out for review.
- Mary Beth will provide Ernie with the council requirements
- Mary Beth will finalize the training video handouts/participant manual and facilitator's manual.
- Mary Beth will create a list of council accomplishments
- Mary Beth will call and remind Greg of meeting that will be held on April 24<sup>th</sup> in the TC office.

### **Next Steps – future agenda items**

**Council Member comments:** Good today

**Public Comment:** **Bob** - You did good.

### **April Agenda Planning**

Mary Beth will create May agenda.

REE –survey results/feedback if available

Multi Family Group challenges (locations other than TC) presentation by David Byington

Council terms/assessment

### **Read Recovery Definition & then Adjournment**