



Recovery Council Meeting Minutes

Friday, September 26, 2008 / 1:00 PM – 3:00 PM
Cadillac CMH Office

Attendees: Joan, Jean Wistinghausen, Michelle Fisher, Catherine Bergum, Bob Houghton, Kathy Meyer, Liz MacCord, Barb McNitt, Vikki Roofe, Julie Weiss, Ashley, Mary Beth Evans (Chair)

Absent: Todd (excused with notice)

Partners: Dave Branding, Julie Reed

Staff Support: Val Bishop (minute taker)

Introductions, Celebrations, and Review of Agenda Items

Standing Agenda Items:

- 1. Learning Community Meetings – Financial challenges/budgeting; social supports; holiday blues; make your own gifts for the holidays, etc. Consider a celebration in December for the RC – maybe potluck or restaurant.*
- 2. August meeting minutes – Liz motioned to approve; Jean 2nd; approved with no amendments.*

Evaluation of a Recovery Resource: *Develop a policy which defines the recovery blueprint to present to the CEO (Greg Paffhouse)*

- Review DRAFT policy – Read and discussed draft. Like “overarching goal”. 1st paragraph – long sentences. 2nd paragraph changes in 1st sentence. Rest is OK. This makes it clear what the shift is. 3rd paragraph – emotional, but that’s important. Stopped at 3rd paragraph*
- Compile suggestions and begin to finalize for October meeting*

Break-1:50 – 2:00

Discussion: *Updated Version of Recovery Council Blueprint Tasks*

- RC Expectations from updated Blueprint – Mary Beth gave an overview of the updated Blueprint, Blueprint tasks and progress on the Blueprint (by dimension). Blueprint tasks were reviewed in depth. Discussion about access – what might be look at changing in the access process? One possibility is to give consumers a recovery CD.*

Evaluation of a Recovery Resource: 5 stages in the Recovery Process

- Update from unit meetings – copy of definition in intake packet; getting additional information for stress reduction; when to use the video with staff and consumers; can apply to anything, not just someone with mental illness; discharge planning at intake; make sure that we have information available; real life stories,*

FINAL

“Plant the seed of recovery”; give information on a broader scale – what to expect, what options are available; letter to outline what to expect at intake; may consider use of short video at 1st appointment, etc.

- Implementation/Facilitation (including update from planning group) – 10/13
Facilitation training – Operations Managers/supervisors; peers/consumers.

Blueprint Task: *Recovery Enhancing Environment (REE) Update (Dave Branding)* – Dave shared a handout. Michigan has identified a form that will be used. The state will identify the programs that will have to be surveyed and will negotiate with the CMH to make a plan for that agency.

Public Comment: Julie – taking it all in; Dave – just glad to be here and see everyone.

Next steps, review of assignments and comments – 1) Bring feedback on Recovery policy to October meeting. 2) Comments – good; lots of good ideas; bring recipes to LC.

October Agenda Planning:

- Recovery Enhancing Environment Update
- Consumer and Clinical Survey Update
- Recovery Policy

Meeting adjourned at 2:50 PM – motioned by Vikki, 2nd by Kathy.